

# GOING TO THE DENTIST



Check in at the front desk and let them know you are here for an appointment. Sit in the waiting room until the Hygienist calls your name. You can play with toys, read a book, or sit down while you wait. When your name is called, it is time to put away any toys you may have pulled out and follow the Hygienist.



The Hygienist will have you sit down in a fun chair that goes up and down. Then, the Hygienist will put a bib around your neck to keep your clothes clean and give you a cool pair of sunglasses to keep the light out of your eyes.



The Hygienist is a person who cleans teeth. She will show you the different tools they will use to look at your teeth. One is a tooth counter. The other is a mirror so they can see inside your mouth. The last one is a spinning tooth brush to clean your teeth.



Time to open your mouth and lie still while the Hygienist looks at your teeth. If you feel scared, don't worry. Your mom or dad will be next to you the whole time.



They will brush your teeth with a special toothbrush and use dental floss. There will be a water sprayer and Mr. Thirsty to rinse your mouth.



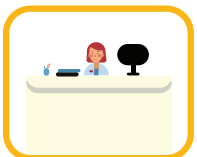
After the Hygienist is done, the Dentist will arrive and look at your teeth to make sure they are nice and clean. The Dentist will use the same tools the Hygienist used and may use other ones as well.



The Dentist may want the Hygienist to take X-rays of your teeth. She will put an apron on you and tell you when to bite. Remember to stand as still as you can. Afterwards, you will get to see a really cool image of your teeth on the monitor.



After the Dentist is done, you get a bag with a toothbrush, toothpaste, and a toy!



Now it is time to go back to the waiting room to schedule your next appointment with the person at the front desk. Your appointment is now complete. Good job!